



# CARL SANDBURG MIDDLE SCHOOL

Old Bridge Township Public Schools  
3439 Highway 516  
Old Bridge, New Jersey 08857  
732-360-4400  
Fax (732) 360-9676

July 2019

Martha J. Simon, Ed.D.  
Principal  
(732) 360-0505

Dear Parents/Guardians,

Welcome back to school! I am looking forward to a productive and enriching new school year.

Kenneth Londregan, Ed.D.  
Vice Principal  
(732) 360-4400

The Old Bridge School District has adopted an evidence based practice policy regarding head lice based on current research and recommendations from the Center for Disease Control (CDC), the American Academy of Pediatrics, and the National School Nurse Association. We believe that it will result in a decrease in unnecessary absenteeism, reduce embarrassment to students and families, and decrease the overuse of potentially harmful chemicals. Head lice can be a nuisance but do not spread disease.

Angela Ziemba  
Vice Principal  
(732) 360-4400

Pediculosis, or head lice, is a tiny wingless insect that lives close to the human scalp. An adult louse is the size of a sesame seed and will adapt its color to the hair color of its host. Lice eggs or nits, attach to the hair shaft. They are white or yellowish in color and resemble dandruff. However, unlike dandruff they cannot be easily brushed off. The presence of nits alone is *not* an accurate indicator or predictor of an infestation.

School Counseling Office  
Kathleen Corsentino  
Sandra Griffin, Ed.D.  
Kerryann Silvestri  
(732) 360-4400

Head lice do not transmit disease, are not a sign of poor hygiene, cannot fly, jump, or swim, and do not discriminate against any person regardless of age, gender, or race. Head lice are transmitted through direct head to head contact. You can help by encouraging your child to avoid head to head contact with other children, teaching them not to share or borrow hats, combs, brushes, and other personal items, and checking their head for lice regularly.

Stacy Ritz  
School Nurse  
(732) 360-4400

If you think your child may have head lice, it's important to speak with your healthcare provider to discuss the best treatment approach for your family.

As your school nurse I want to provide you with the information you need to safeguard your child's health and pave the way for a healthy school year.

Sincerely,

Stacy Ritz  
School Nurse

