OLD BRIDGE HIGH SCHOOL EMERGENCY ACTION PLAN

Introduction:

The purpose of this document is to provide instructions to members of the Old Bridge High School Athletic Department in the event of a medical emergency regarding student-athletes. An emergency plan is designed to care for any sudden life threatening injury or illness that requires immediate medical attention. Emergency situations can occur at any time during athletic participation, including to spectators. The responsibility for the emergency action plan is a shared responsibility of the athletics department including administrators, physicians, certified athletic trainers, coaches and athletic event staff, all of who may be the first responder. This emergency plan will help ensure the best care is provided.

Personnel – The Emergency Care Team:

Typically, those with the highest level of health training, such as a Team Physician, Certified Athletic Trainer or Emergency Medical Staff are responsible for the emergency plan at a session or event. However, when these individuals are not present, either the coach or other institutional representative will be the primary emergency responder. The team physician attends selected events. A certified athletic trainer’s coverage of practice and competition is based on the sports activity schedule, the setting, type of training, type of competition and injury risk for the sport.

Old Bridge Board of Education requires, as per NJSIAA, all coaches who have contact with student athletes must be approved by the Board of Education. They must complete the following courses/certifications: Sports first aid, CPR and AED certified and hold a current certificate in both, Fundamentals of Coaching, Concussion Awareness training (renewed annually), Heat Acclimatization Awareness and Wellness certificate or its equivalent, (renewed annually). Coaches may also be trained as a delegate for the administration of epinephrine (for anaphylaxis) or Glucagon (for hypoglycemic emergencies) in accordance with state law. Additional requirements may be added as per NJSIAA guidelines or NJ state law.

Athletic trainers are required to maintain current certification/licensure at the national and state levels, including CPR and AED certification for health care providers.
The emergency care team consists of physicians, certified athletic trainers, administrators, coaches and other athletic staff members. The descending order of authority for the chain of command for the emergency care team is as follows:

- Team physician and/or other physician (MD, DO, PA, APN)
- Certified Athletic Trainers
- Emergency Medical Personnel
- First Aid CPR and AED Certified coaches and athletic staff

**Emergency Communication:**

Certified athletic trainers, coaches and other athletic personnel involved with athletes in activity must know the location of working telephones. Whether the telephone is a fixed line or a mobile phone (cell), it is essential the communication system be checked prior to practice and competition. Additional, a backup communication plan should be a part of the emergency plan if the primary system fails. The following are Old Bridge telephone numbers for emergencies:

School fixed line dial – 9-911 or cell 911

Old Bridge police - (732) 721-5600

Main Athletic Training Office – (732) 290-3900 x 1647

Old Bridge Athletic Training Staff:

Ralph Di Iorio, ATC/PT  (908) 596-8627

Stephen La Regina, ATC (908) 596-0792

Jane Maline, ATC (732) 515-8685

**Emergency Equipment:**

Old Bridge High School provides public access to AED’s located in and around its athletic facilities. They also provide AED’s to travel with teams as needed. Certified Athletic Trainers should have the necessary emergency equipment either on site or know the location of where emergency equipment is stored. Personnel should be familiar with the equipment’s location and procedure prior to using emergency equipment.

When traveling, **including off campus home events**, coaches are required to obtain an AED, medical kit, water and ice.

Ralph Di Iorio, ATC/PT  Stephen La Regina, ATC  Jane Maline, ATC

Revised June 2016
Emergency Transportation:

Old Bridge Township has six (6) First-Aid Squads that provide emergency medical service to the Township of Old Bridge. Athletes needing emergency care should be transported by ambulance.

The follow facilities provide emergency room services:

Robert Wood Johnson Hospital (Regional Trauma Center) New Brunswick

Saint Peters University Hospital New Brunswick

Raritan Bay Medical Center Old Bridge Division and Perth Amboy Division

Bay Shore Community Hospital Holmdel

The following emergency situations will require transportation by ambulance: no airway, no breathing, no circulation, severe arterial bleeding, loss of consciousness, paralysis, neurovascular compromise, shock and or other significant conditions that threaten life or limb.

Role of the Emergency Responder: You should follow your emergency care protocol as per your level of certification.

❖ Evaluate and provide immediate care of the injured or ill athlete
  ▪ Emergency Equipment retrieval
  ▪ Activation of EMS
    ♦ Provide the following information:
      ▪ Name/Title or position
      ▪ Address or location
      ▪ Telephone number
      ▪ Number of individuals injured/condition of the injured/treatment being provided

❖ Designate someone to flag down/direct EMS to the scene
❖ Make sure gates and/or doors are open for access
❖ Limit access to scene to only essential personnel
❖ If a parent or legal guardian is not available, a coach must travel with the injured athlete to the hospital.
❖ The coach should notify the Athletic Director, who will notify administration as needed.
❖ The coach should notify the Athletic Trainer with details for the accident report and for any follow up care needed.

Ralph Di Iorio, ATC/PT
Stephen La Regina, ATC
Jane Maline, ATC
Revised June 2016
Emergency Plan: OBHS Gymnasium
(Basketball, Wrestling, Volleyball, Weight Room)

Emergency Personnel: Certified athletic trainers are on site for events and practices hosted by OBHS dependent on availability. Coaching staff trained in CPR and AED will initiate emergency procedures in the absence of an ATC.

Emergency Communication: Fixed telephone line in athletic training facility; certified athletic trainer carries cell phone.

Emergency Equipment: Supplies kept in athletic training bag or team supplied medical kit, additional emergency equipment including splints and AED will be on site; Coaches are required to obtain an AED and medical kit for events held off OBHS grounds.

Role of Emergency Responder: In life and limb injuries, do the following:
- Evaluate and provide immediate care of the injured or ill athlete
  - Emergency Equipment retrieval
  - Activation of EMS
- Provide the following information:
  - Name/Title or position
  - Address 4209 RT 516 MATAWAN MAIN BUILDING DOOR #8 MAIN GYM DOOR #16 BACK GYM & WRESTLING ROOM
  - Telephone number
  - Number of individuals injured/condition of the injured/treatment being provided
- Designate someone to flag down/direct EMS to the scene
- Make sure gates and/or doors are open for access DOOR #8 OR DOOR #16
- Limit access to scene to only essential personnel

Emergency Numbers:
EMS-fixed line 9-911 or cell 911
Main Athletic Training Office – (732) 290-3900 x 1647
Old Bridge police - (732) 721-5600

Stephen La Regina, ATC (908) 596-0792
Ralph Di Iorio, ATC/PT (908) 596-8627
Jane Maline, ATC (732) 515-8685
**Emergency Plan: OBHS Back Fields/Tennis Courts**  
*(Soccer, Lacrosse, Tennis)*

**Emergency Personnel:** Certified athletic trainers are on site for events and practices hosted by OBHS dependent on availability. Coaching staff trained in CPR and AED will initiate emergency procedures in the absence of an ATC.

**Emergency Communication:** Fixed telephone line in athletic training facility; certified athletic trainer carries cell phone.

**Emergency Equipment:** Supplies kept in athletic training bag or team supplied medical kit, additional emergency equipment including splints; **Coaches are required to obtain an AED and medical kit for events held off OBHS grounds.**

**Role of Emergency Responder:** In life and limb injuries, do the following:

- Evaluate and provide immediate care of the injured or ill athlete
  - Emergency Equipment retrieval
  - Activation of EMS
  - Provide the following information:
    - Name/Title or position
    - Address: 4209 RT 516 MATAWAN MAIN BUILDING FOLLOW THE Access ROAD ACROSS FROM DOOR #16 ADJACENT TO PROJECT ADVENTURE COURSE
    - Telephone number
    - Number of individuals injured/condition of the injured/treatment being provided

- Designate someone to flag down/direct EMS to the scene

- Make sure gates and/or doors are open for access **GAIT AT THE BRIDGE ON THE ACCESS ROAD**

- Limit access to scene to only essential personnel

**Emergency Numbers:**

- EMS-fixed line 9-911 or cell 911  
  Stephen La Regina, ATC (908) 596-0792
- Main Athletic Training Office – (732) 290-3900 x 1647  
  Ralph Di Iorio, ATC/PT (908) 596-8627
- Old Bridge police - (732) 721-5600  
  Jane Maline, ATC (732) 515-8685

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Ralph Di Iorio, ATC/PT  
Stephen La Regina, ATC  
Jane Maline, ATC  
Revised June 2016
Emergency Plan: E.M. Grade Nine Center Gym
(Volleyball, Basketball, Weight Room)

Emergency Personnel: Certified athletic trainers are on site for events and practices hosted by OBHS dependent on availability. Coaching staff trained in CPR and AED will initiate emergency procedures in the absence of an ATC.

Emergency Communication: Fixed telephone line in men’s and women’s Phys Ed offices; certified athletic trainer carries cell phone.

Emergency Equipment: Supplies kept in athletic training bag or team supplied medical kit, additional emergency equipment including splints and AED will be on site; Coaches are required to obtain an AED and medical kit for events held off OBHS grounds.

Role of Emergency Responder: In life and limb injuries, do the following:

- Evaluate and provide immediate care of the injured or ill athlete
  - Emergency Equipment retrieval
  - Activation of EMS
- Provide the following information:
  - Name/Title or position
  - Address 4209 RT 516 MATAWAN E.M. GRADE 9 CENTER DOOR #15 GYM ENTRANCE
  - Telephone number
  - Number of individuals injured/condition of the injured/treatment being provided

- Designate someone to flag down/direct EMS to the scene
- Make sure gates and/or doors are open for access DOOR #15
- Limit access to scene to only essential personnel

Emergency Numbers:
EMS-fixed line 9-911 or cell 911
Stephen La Regina, ATC (908) 596-0792
Main Athletic Training Office – (732) 290-3900 x 1647
Ralph Di Iorio, ATC/PT (908) 596-8627
Old Bridge police - (732) 721-5600
Jane Maline, ATC (732) 515-8685
Emergency Plan: Geick Park
(Soccer, Lacrosse)

Emergency Personnel: Certified athletic trainers are on site for events and practices hosted by OBHS dependent on availability. Coaching staff trained in CPR and AED will initiate emergency procedures in the absence of an ATC.

Emergency Communication: Cell phone; certified athletic trainer carries cell phone.

Emergency Equipment: Supplies kept in athletic training bag or team supplied medical kit, additional emergency equipment including splints and AED will be on site accessible at door 36 OBHS main building; Coaches are required to obtain an AED and medical kit for events held off OBHS grounds.

Role of Emergency Responder: In life and limb injuries, do the following:
- Evaluate and provide immediate care of the injured or ill athlete
  - Emergency Equipment retrieval
  - Activation of EMS
  - Provide the following information:
    - Name/Title or position
    - Address 4209 RT 516 MATAWAN OPPOSITE DOOR #36 ON MAIN BUILDING
    - Telephone number
    - Number of individuals injured/condition of the injured/treatment being provided
- Designate someone to flag down/direct EMS to the scene
- Make sure gates and/or doors are open for access
- Limit access to scene to only essential personnel

Emergency Numbers:
EMS-fixed line 9-911 or cell 911                      Stephen La Regina, ATC (908) 596-0792
Main Athletic Training Office – (732) 290-3900 x 1647  Ralph Di Iorio, ATC/PT (908) 596-8627
Old Bridge police - (732) 721-5600                    Jane Maline, ATC (732) 515-8685

Ralph Di Iorio, ATC/PT                      Stephen La Regina, ATC                      Jane Maline, ATC
Revised June 2016
Old Bridge High School Athletic Training

Emergency Plan: Geick Park
(Softball)

Emergency Personnel: Certified athletic trainers are on site for events and practices hosted by OBHS dependent on availability. Coaching staff trained in CPR and AED will initiate emergency procedures in the absence of an ATC.

Emergency Communication: Cell Phone; certified athletic trainer carries cell phone.

Emergency Equipment: Supplies kept in athletic training bag or team supplied medical kit, additional emergency equipment including splints; Coaches are required to obtain an AED and medical kit for events held off OBHS grounds.

Role of Emergency Responder: In life and limb injuries, do the following:
- Evaluate and provide immediate care of the injured or ill athlete
  - Emergency Equipment retrieval
  - Activation of EMS
  - Provide the following information:
    - Name/Title or position
    - Address SOFTBALL FIELD AT GEICK PARK ACROSS FROM JOHN PARTRIDGE RD AND TOTO AUTOMOTIVE
    - Telephone number
    - Number of individuals injured/condition of the injured/treatment being provided
- Designate someone to flag down/direct EMS to the scene
- Make sure gates and/or doors are open for access
- Limit access to scene to only essential personnel

Emergency Numbers:
EMS-fixed line 9-911 or cell 911
Main Athletic Training Office – (732) 290-3900 x 1647
Old Bridge police - (732) 721-5600

Stephen La Regina, ATC (908) 596-0792
Ralph Di Iorio, ATC/PT (908) 596-8627
Jane Maline, ATC (732) 515-8685
Emergency Plan: Geick Park  
(Baseball)

Emergency Personnel: Certified athletic trainers are on site for events and practices hosted by OBHS dependent on availability. Coaching staff trained in CPR and AED will initiate emergency procedures in the absence of an ATC.

Emergency Communication: Cell; certified athletic trainer carries cell phone.

Emergency Equipment: Supplies kept in athletic training bag or team supplied medical kit, additional emergency equipment including splints and AED will be on site accessible at door 36 OBHS main building; Coaches are required to obtain an AED and medical kit for events held off OBHS grounds.

Role of Emergency Responder: In life and limb injuries, do the following:
- Evaluate and provide immediate care of the injured or ill athlete
  - Emergency Equipment retrieval
  - Activation of EMS
  - Provide the following information:
    - Name/Title or position
    - Address BASEBALL FIELD AT GEICK PARK MAIN ENTRANCE ON RT 516
    - Telephone number
    - Number of individuals injured/condition of the injured/treatment being provided
- Designate someone to flag down/direct EMS to the scene
- Make sure gates and/or doors are open for access
- Limit access to scene to only essential personnel

Emergency Numbers:
EMS-fixed line 9-911 or cell 911  
Main Athletic Training Office – (732) 290-3900 x 1647  
Old Bridge police - (732) 721-5600
Stephen La Regina, ATC (908) 596-0792
Ralph Di Iorio, ATC/PT (908) 596-8627
Jane Maline, ATC (732) 515-8685
Emergency Plan: Lombardi Field (Football, Field Hockey, XC, Track, Baseball)

Emergency Personnel: Certified athletic trainers are on site for events and practices hosted by OBHS dependent on availability. Coaching staff trained in CPR and AED will initiate emergency procedures in the absence of an ATC.

Emergency Communication: Fixed telephone line in Girls (door 4)/Boys (door 6) locker rooms; certified athletic trainer carries cell phone.

Emergency Equipment: Supplies kept in athletic training bag or team supplied medical kit, additional emergency equipment including splints and AED will be on site (inside door 4 in rear of field house); Coaches are required to obtain an AED and medical kit for events held off OBHS grounds.

Role of Emergency Responder: In life and limb injuries, do the following:
- Evaluate and provide immediate care of the injured or ill athlete
  - Emergency Equipment retrieval
  - Activation of EMS
- Provide the following information:
  - Name/Title or position
  - Address 3439 RT 516, OLD BRIDGE AND STATE LOCATION (FOOTBALL FIELD OR BASEBALL FIELD)
  - Telephone number
  - Number of individuals injured/condition of the injured/treatment being provided
- Designate someone to flag down/direct EMS to the scene
- Make sure gates and/or doors are open for access
- Limit access to scene to only essential personnel

Emergency Numbers:
EMS-fixed line 9-911 or cell 911
Main Athletic Training Office – (732) 290-3900 x 1647
Old Bridge police - (732) 721-5600

Stephan La Regina, ATC (908) 596-0792
Ralph Di Iorio, ATC/PT (908) 596-8627
Jane Maline, ATC (732) 515-8685

Ralph Di Iorio, ATC/PT
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Jane Maline, ATC
Revised June 2016
Old Bridge High School Athletic Training

Emergency Plan: Carl Sandburg Middle School
(Gymnastics)

Emergency Personnel: Certified athletic trainers are on site for events and practices hosted by OBHS dependent on availability. Coaching staff trained in CPR and AED will initiate emergency procedures in the absence of an ATC.

Emergency Communication: Cell phone; certified athletic trainer carries cell phone.

Emergency Equipment: Supplies kept in athletic training bag or team supplied medical kit, additional emergency equipment including splints and AED will be on site; Coaches are required to obtain an AED and medical kit for events held off OBHS grounds.

Role of Emergency Responder: In life and limb injuries, do the following:
✓ Evaluate and provide immediate care of the injured or ill athlete
  ▪ Emergency Equipment retrieval
  ▪ Activation of EMS
  ♦ Provide the following information:
    ▪ Name/Title or position
    ▪ Address 3439 RT 516, OLD BRIDGE DOOR #35 or #36 SANDBURG MS GYM
    ▪ Telephone number
    ▪ Number of individuals injured/condition of the injured/treatment being provided
✓ Designate someone to flag down/direct EMS to the scene
✓ Make sure gates and/or doors are open for access DOOR #35 or 36
✓ Limit access to scene to only essential personnel

Emergency Numbers:
EMS-fixed line 9-911 or cell 911  Stephen La Regina, ATC (908) 596-0792
Main Athletic Training Office – (732) 290-3900 x 1647  Ralph Di Iorio, ATC/PT (908) 596-8627
Old Bridge police - (732) 721-5600  Jane Maline, ATC (732) 515-8685
Emergency Plan: Old Bridge Municipal Complex (Ice Hockey)

Emergency Personnel: Certified athletic trainers are on site for events and practices hosted by OBHS dependent on availability. Coaching staff trained in CPR and AED will initiate emergency procedures in the absence of an ATC.

Emergency Communication: Cell phone; certified athletic trainer carries cell phone.

Emergency Equipment: Supplies kept in athletic training bag or team supplied medical kit, additional emergency equipment including splints and AED will be on site in lobby; Coaches are required to obtain an AED and medical kit for events held off OBHS grounds.

Role of Emergency Responder: In life and limb injuries, do the following:

- Evaluate and provide immediate care of the injured or ill athlete
  - Emergency Equipment retrieval
  - Activation of EMS
- Provide the following information:
  - Name/Title or position
  - Address 1 OLD BRIDGE PLAZA OLD BRIDGE ICE HOCKEY ARENA
  - Telephone number
  - Number of individuals injured/condition of the injured/treatment being provided
- Designate someone to flag down/direct EMS to the scene
- Make sure gates and/or doors are open for access
- Limit access to scene to only essential personnel

Emergency Numbers:
EMS-fixed line 9-911 or cell 911
Main Athletic Training Office – (732) 290-3900 x 1647
Old Bridge police - (732) 721-5600
Stephen La Regina, ATC (908) 596-0792
Ralph Di Iorio, ATC/PT (908) 596-8627
Jane Maline, ATC (732) 515-8685

Ralph Di Iorio, ATC/PT
Stephen La Regina, ATC
Jane Maline, ATC
Revised June 2016
Emergency Plan: Old Bridge Municipal Complex (Tennis)

Emergency Personnel: Certified athletic trainers are on site for events and practices hosted by OBHS dependent on availability. Coaching staff trained in CPR and AED will initiate emergency procedures in the absence of an ATC.

Emergency Communication: Cell phone; certified athletic trainer carries cell phone.

Emergency Equipment: Supplies kept in athletic training bag or team supplied medical kit, additional emergency equipment including splints; **Coaches are required to obtain an AED** and medical kit for events held off OBHS grounds.

Role of Emergency Responder: In life and limb injuries, do the following:
- Evaluate and provide immediate care of the injured or ill athlete
  - Emergency Equipment retrieval
  - Activation of EMS
- Provide the following information:
  - Name/Title or position
  - Address **1 OLD BRIDGE PLAZA OLD BRIDGE TENNIS COURTS**
  - Telephone number
  - Number of individuals injured/condition of the injured/treatment being provided
- Designate someone to flag down/direct EMS to the scene
- Make sure gates and/or doors are open for access
- Limit access to scene to only essential personnel

Emergency Numbers:
EMS-fixed line 9-911 or cell 911
Main Athletic Training Office – (732) 290-3900 x 1647
Old Bridge police - (732) 721-5600

Stephen La Regina, ATC (908) 596-0792
Ralph Di Iorio, ATC/PT (908) 596-8627
Jane Maline, ATC (732) 515-8685
Emergency Plan: YMCA Mannino Park  
(Softball, Swimming)

Emergency Personnel: Certified athletic trainers are on site for events and practices hosted by OBHS dependent on availability. Coaching staff trained in CPR and AED will initiate emergency procedures in the absence of an ATC.

Emergency Communication: Fixed telephone line in YMCA or cell phone.

Emergency Equipment: Supplies kept in athletic training bag or team supplied medical kit, additional emergency equipment including splints and AED will be on site at YMCA; Softball coaches are required to obtain an AED and medical kit for events held off OBHS grounds.

Role of Emergency Responder: In life and limb injuries, do the following:
- Evaluate and provide immediate care of the injured or ill athlete
  - Emergency Equipment retrieval
  - Activation of EMS
    - Provide the following information:
      - Name/Title or position
      - Address 1 MANNINO PARK DR, OLD BRIDGE (YMCA OR SOFTBALL FIELD)
      - Telephone number
      - Number of individuals injured/condition of the injured/treatment being provided
- Designate someone to flag down/direct EMS to the scene
- Make sure gates and/or doors are open for access
- Limit access to scene to only essential personnel

Emergency Numbers:
EMS-fixed line 9-911 or cell 911  
Main Athletic Training Office – (732) 290-3900 x 1647  
Old Bridge police - (732) 721-5600  
Stephen La Regina, ATC (908) 596-0792  
Ralph Di Iorio, ATC/PT (908) 596-8627  
Jane Maline, ATC (732) 515-8685
Emergency Plan: Phillips Park
(Baseball)

Emergency Personnel: Certified athletic trainers are on site for events and practices hosted by OBHS dependent on availability. Coaching staff trained in CPR and AED will initiate emergency procedures in the absence of an ATC. Park patrolled by Middlesex County Park Ranger.

Emergency Communication: Cell phone; certified athletic trainer carries cell phone.

Emergency Equipment: Supplies kept in athletic training bag or team supplied medical kit, additional emergency equipment including splints; Coaches are required to obtain an AED and medical kit for events held off OBHS grounds.

Role of Emergency Responder: In life and limb injuries, do the following:

- Evaluate and provide immediate care of the injured or ill athlete
  - Emergency Equipment retrieval
  - Activation of EMS
    - Provide the following information:
      - Name/Title or position
      - Address MAPLE ST, OLD BRIDGE BASEBALL FIELD
      - Telephone number
      - Number of individuals injured/condition of the injured/treatment being provided

- Designate someone to flag down/direct EMS to the scene
- Make sure gates and/or doors are open for access
- Limit access to scene to only essential personnel

Emergency Numbers:
EMS-fixed line 9-911 or cell 911
Main Athletic Training Office – (732) 290-3900 x 1647
Old Bridge police - (732) 721-5600

Stephen La Regina, ATC (908) 596-0792
Ralph Di Iorio, ATC/PT (908) 596-8627
Jane Maline, ATC (732) 515-8685
Old Bridge High School Athletic Training

Emergency Plan: Brunswick Lanes
(Bowling)

Emergency Personnel: Certified athletic trainers are on site for events and practices hosted by OBHS dependent on availability. Coaching staff trained in CPR and AED will initiate emergency procedures in the absence of an ATC.

Emergency Communication: Fixed telephone line in facility or cell phone.

Emergency Equipment: Supplies kept in athletic training bag or team supplied medical kit, additional emergency equipment including splints; Coaches are required to obtain an AED and medical kit for events held off OBHS grounds.

Role of Emergency Responder: In life and limb injuries, do the following:
- Evaluate and provide immediate care of the injured or ill athlete
  - Emergency Equipment retrieval
  - Activation of EMS
  - Provide the following information:
    - Name/Title or position
    - Address 1 CAROLIER LN NORTH BRUNSWICK
    - Telephone number
    - Number of individuals injured/condition of the injured/treatment being provided
- Designate someone to flag down/direct EMS to the scene
- Make sure gates and/or doors are open for access
- Limit access to scene to only essential personnel

Emergency Numbers:
EMS-fixed line 9-911 or cell 911
Main Athletic Training Office – (732) 290-3900 x 1647
Old Bridge police - (732) 721-5600
Stephen La Regina, ATC (908) 596-0792
Ralph Di Iorio, ATC/PT (908) 596-8627
Jane Maline, ATC (732) 515-8685

Ralph Di Iorio, ATC/PT
Stephen La Regina, ATC
Jane Maline, ATC
Revised June 2016
Emergency Plan: Glenwood Country Club (Golf)

Emergency Personnel: Certified athletic trainers are on site for events and practices hosted by OBHS dependent on availability. Coaching staff trained in CPR and AED will initiate emergency procedures in the absence of an ATC.

Emergency Communication: Cell phone.

Emergency Equipment: Supplies kept in athletic training bag or team supplied medical kit, additional emergency equipment including splints; Coaches are required to obtain an AED and medical kit for events held off OBHS grounds.

Role of Emergency Responder: In life and limb injuries, do the following:
- Evaluate and provide immediate care of the injured or ill athlete
  - Emergency Equipment retrieval
  - Activation of EMS
  - Provide the following information:
    - Name/Title or position
    - Address 1655 U.S. 9, OLD BRIDGE
    - Telephone number
    - Number of individuals injured/condition of the injured/treatment being provided
- Designate someone to flag down/direct EMS to the scene
- Make sure gates and/or doors are open for access
- Limit access to scene to only essential personnel

Emergency Numbers:
EMS-fixed line 9-911 or cell 911
Main Athletic Training Office – (732) 290-3900 x 1647
Old Bridge police - (732) 721-5600
Stephen La Regina, ATC (908) 596-0792
Ralph Di Iorio, ATC/PT (908) 596-8627
Jane Maline, ATC (732) 515-8685
Emergency Plan: Tamarack Golf Course
(Golf)

Emergency Personnel: Certified athletic trainers are on site for events and practices hosted by OBHS dependent on availability. Coaching staff trained in CPR and AED will initiate emergency procedures in the absence of an ATC.

Emergency Communication: Cell phone.

Emergency Equipment: Supplies kept in athletic training bag or team supplied medical kit, additional emergency equipment including splint; Coaches are required to obtain an AED and medical kit for events held off OBHS grounds.

Role of Emergency Responder: In life and limb injuries, do the following:
- Evaluate and provide immediate care of the injured or ill athlete
  - Emergency Equipment retrieval
  - Activation of EMS
- Provide the following information:
  - Name/Title or position
  - Address 97 HANDENBURG LN EAST BRUNSWICK
  - Telephone number
  - Number of individuals injured/condition of the injured/treatment being provided
- Designate someone to flag down/direct EMS to the scene
- Make sure gates and/or doors are open for access
- Limit access to scene to only essential personnel

Emergency Numbers:
EMS-fixed line 9-911 or cell 911
Main Athletic Training Office – (732) 290-3900 x 1647
Old Bridge police - (732) 721-5600

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Ralph Di Iorio, ATC/PT (908) 596-8627
Jane Maline, ATC (732) 515-8685
Old Bridge High School Athletic Training

Emergency Plan: Thompson Park
(Cross Country)*

*Due to the nature of cross country they should always travel with a med kit and AED whenever traveling to train/compete off site.

Emergency Personnel: Coaching staff trained in CPR and AED will initiate emergency procedures in the absence of an ATC. Park patrolled by Middlesex County Park Ranger.

Emergency Communication: Cell phone.

Emergency Equipment: Supplies kept in athletic training bag or team supplied medical kit, additional emergency equipment including splints; Coaches are required to obtain an AED and medical kit for events held off OBHS grounds.

Role of Emergency Responder: In life and limb injuries, do the following:
- Evaluate and provide immediate care of the injured or ill athlete
  - Emergency Equipment retrieval
  - Activation of EMS
  - Provide the following information:
    - Name/Title or position
    - Address FIR DR. MONROE TOWNSHIP
    - Telephone number
    - Number of individuals injured/condition of the injured/treatment being provided
- Designate someone to flag down/direct EMS to the scene
- Make sure gates and/or doors are open for access
- Limit access to scene to only essential personnel

Emergency Numbers:
EMS-fixed line 9-911 or cell 911 Stephen La Regina, ATC (908) 596-0792
Main Athletic Training Office – (732) 290-3900 x 1647 Ralph Di Iorio, ATC/PT (908) 596-8627
Old Bridge police - (732) 721-5600 Jane Maline, ATC (732) 515-8685

Ralph Di Iorio, ATC/PT
Stephen La Regina, ATC
Jane Maline, ATC
Revised June 2016